



*Thakur Educational Trust's (Regd.)*

**THAKUR RAMNARAYAN  
COLLEGE OF ARTS & COMMERCE**

NAAC Accredited & ISO 21001:2018 Certified



Thakur Ramnarayan Educational Campus, S.V. Road, Dahisar (East), Mumbai - 400 068

Tel: 022 2828 1200 | Fax: 022 2828 1300 | [www.trcac.org.in](http://www.trcac.org.in)

### **Criteria 3 - Research, Innovations and Extension**

#### **Key Indicator 3.4 - Extension Activities**

**QnM 3.4.4 - Number of students participating in extension activities at 3.4.3. above during year**

**3.4.4.1 - Total number of Students participating in extension activities conducted in collaboration with industry, community and Non- Government Organizations such as Swachh Bharat, AIDs awareness, Gender issue etc. year wise during year**

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**NATIONAL SERVICE SCHEME**



**EXTENSION ACTIVITIES REPORTS**

**2023-2024**



**TRCAC/IP/06/FRM/07**

**Revision: A**

**REPORT OF NATIONAL SERVICE SCHEME ON**  
**Hum Hai Na- Old Age Home**

**Held On**

**2nd April, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to help the elderly people in shifting and spend some good moments with them with lots of love and care.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce.
- ❖ **Usefulness:** The motive behind this activity was to take the opportunity to bring a smile on the face of elders and serve them with all the care and affection selflessly.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce had organized **Hum Hai Na- Old Age Home in**, was conducted on 2nd April, 2023 where students of N.S.S took the initiative of helping elderly people at an Old Age Home Located at Mira-Bhayandar, and making sure to spread happiness and positivity by helping them in their shifting work as well as celebrating a birthday with them.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day and made sure the old age people did not find any kind of inconvenience.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY:**

The main objectives behind the program held was :

- To connect the students with the elders in our society.
- To motivate the students in regards to responsible volunteers.
- To experience the importance of sharing and gratitude.
- To make the students alert and responsible towards society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>09</b>

### **CONDUCT OF ACTIVITY:**

- Notice No. TRCAC/DC/NSS/001 of 2023-24 was circulated on 01/04/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 1st April,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.

**SUGGESTIONS/COMMENTS:**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

**BEST LIKED PART OF THE PROGRAM:**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread happiness among the society.

**Outcome of Hum Hai Na- Old Age Home was:**

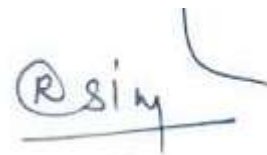
After the activity the volunteers were able to:

- Promote selfless service and bring happiness to others.
- Promote a positive attitude towards elders in our society.
- Realise the importance of being there with elders who made our world a better place.



**Programme Officer**

**N.S.S.**



**Principal**



**TRCAC/IP/06/FRM/07**

**Revision: A**

**REPORT OF NATIONAL SERVICE SCHEME ON**  
**Bal Gurukul-01**

**Held On**

**16th April, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to nurture an environment that empowers students of the village for comprehensive learning.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce.
- ❖ **Usefulness:** The motive behind this activity was to take the opportunity to empower students for real-world success serve them with all the care and affection selflessly.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

**IDF (Indian Development Foundation)** and **National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce** had organized **Bal Gurukul** , was conducted on 16th April,2023 at location National Park, Borivali East Barisa Munda Bal gurukul.The term "Bal Gurukul" combines two words: "Bal," which means child in several Indian languages, and "Gurukul," which refers to a traditional Indian educational system or residential schooling system, often associated with holistic education.Volunteers Distributed Stationary kits and books for the kids in the bal gurukul.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The

Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY:**

**The main objectives behind the program held was :**

- For a sustainable development model.
- To motivate the students in regards to responsible volunteers.
- To experience the importance of sharing and gratitude.
- To make the students alert and responsible towards society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>09</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/002 of 2023-24 was circulated on 15/04/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 15th April,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>



**The overall arrangement was supervised and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**

### **SUGGESTIONS/COMMENTS.**

• **Frequency** of such social awareness activity should be increased for the motivation of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread happiness among the society.

### **Outcome of event Bal Gurukul:**

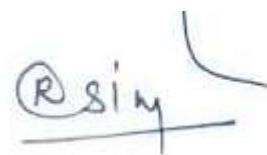
After the activity the volunteers were able to:

- Promote selfless service and bring happiness to others.
- Promote a positive attitude towards our society.
- Realize the importance of village development and education programmes.



**Programme Officer**

**N.S.S.**



**Principal**



GPS Map Camera

Google

**Mumbai, Maharashtra, India**  
Chinch Pada (SG National Park), Mumbai, Maharashtra  
400101, India  
Lat 19.222225°  
Long 72.874983°  
16/04/23 07:36 PM GMT +05:30





TRCAC/IP/06/FRM/07

Revision: A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Tree Plantation & Live Recycling**

**Held on**

**22th April, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to plant as many saplings and do Live recycling in order to promote tree plantation and green environment
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S. Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of tree plantation for a sustainable and progressive nation.
- ❖ **Expected to increase:** The activity aimed to impart greater environmental conservation and promote a positive attitude towards healthy societal practices and environmental education through tree plantation.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce with the Indian Navy, initiated a Tree Plantation and Live Recycling at Ghatkopar navel base on 22nd April 2023, event was under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team along with Go Shoonya who were present voluntarily in event for planting tree sapling and showing the live recycling, cleaning the area and spreading awareness about the importance of a healthy and pollution free environment.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day. All Volunteers were requested to wear the N.S.S.

T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To plant as many saplings as possible.
- To do Live Recycling
- To promote a safe and healthy society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>15</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/003 of 2022-23 was circulated on 21/04/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 21st April, 2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.

### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of green and clean society.

**Outcome :**

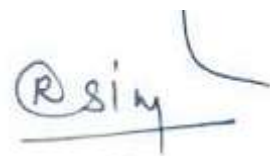
After the activity the volunteers were able to:

- Plant maximum number of tree saplings.
- Promote a positive attitude towards a healthy environment.
- Realize the importance of a green and clean environment.



**Programme Officer**

N.S.S.



**Principal**







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TRCAC/IP/06/FRM/07

Revision:A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Rashtriya Swayam**

**Held on**

**Academic Year 2023-24**

**ORGANIZED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

**Reason/Objective :** The objective was to prepare identification proof (**Voter ID**), Aysuhman card and E-shram card for the people at Borivali and Dahisar

**Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

**Usefulness:** Volunteers learnt about the importance of having identification cards.

**Expected to increase:** The activity aimed to make the youth aware about the importance of having their identification cards.

### **BRIEF INTRODUCTION**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. organized an event to prepare identification proof (**Voter ID**) for the people at Rajendra Nagar, Borivali East..

The volunteers helped in guiding people of locality regarding preparing and procedures of making voter id cards. This event was organized under the guidance and support of the Programme Officer and the volunteers of N.S.S. Unit. Volunteers were informed to come in N.S.S. & SSRC T Shirt. The great enthusiasm and sheer hard work was observed among volunteers in supporting the locality for preparation of their identification documents.



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Sr. No	Date	Place	Campaign Head	Coordinators	Total Registrations
1	23rd April 2023	Country Park	Jagruti Upadhyay	Asmita Malshet Mam	56
2	23rd April 2023	Rai dongari	Jagruti Upadhyay	Sandesh Kolapate Sir	50
3	23 Apr 2023	Daulat Nagar	Jagruti Upadhyay	Shreyas Jani Sir	148
4	30 Apr 2023	Daulat Nagar	Jagruti Upadhyay	Shreyas Jani Sir	98
5	21st May 2023	Dyandip chs	Jagruti Upadhyay	Sandesh Kolapate Sir	37
6	4th June 2023	Saraswat bank	Jagruti Upadhyay	Sandesh Kolapate Sir	35
7	4th June 2023	Durga Devi Apartment	Jagruti Upadhyay	Hasmukh Makwana Sir	10
8	25th June 2023	Sukarwadi , Daulat nagar	Jagruti Upadhyay	Mukesh Chhaya Sir	51=VD
9	25th June 2023	Ratan Nagar , Ambawadi	Jagruti Upadhyay	Hitesh Wagla Sir	45=VD
10	2nd July 2023	Hanuman Sarvajanic Mandir	Jagruti Upadhyay	Niraj Rabari Sir	53
11	9th July 2023	Benzer Tower	Jagruti Upadhyay	Niraj Rabari Sir	0[sever error]
12	23 rd July 2023	Shanti nagar , Dongiri	Jagruti Upadhyay	abdul	60=[VD]
13	13th Aug 2023	Rivali Park	Inayat/Anjali	Asawari Tai Patil	66
14	18th Aug 2023	TRCAC college campus	Inayat/Anjali	Sunil Viyas	38
15	20th Aug 2023	Nl complex	Inayat/Anjali	Sunil Viyas	55



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16	20th Aug 2023	Arogya Kendra,Rajendra Nagar	Inayat/Anjali	Niraj Rabari	71
17	27th Aug 2023	Shivalay bulding	Inayat/Anjali	Sunil Viyas	29
18	27th Aug 2023	New Transit camp	Inayat/Anjali	niraj Rabari sir	39
19	24th Sep 2023	Torna Building	Inayat/Anjali	Niraj Rabari Sir	21
20	19th Nov 2023	Ekta BHoomi Garden	Inayat/Anjali	Omkar Gosalkar	31
21	19th Nov 2023	Shiddivank	Inayat/Anjali	Venkatesh Kyasaram	77
22	17th Dec 2023	Rajendra Nagar,Triveni	Inayat/Anjali	Ganesh Kulkarni	73
23	17th Dec 2023	Samved ,Rajendra Nagar	Inayat/Anjali	Pooja Sharma	30
24	21 Jan 2024	New Sun and moon,Dattapada	Inayat/Anjali	Anuj Sharama	86
25	21 Jan 2024	Benzer Tower	Inayat/Anjali	Ashiwarya Patil	101
26	23 Jan 2024	Thakur College	Inayat/Anjali	Dhanjay Sir	50
27	28th Jan 2024	Kokhi Tower SRA	Inayat/Anjali	Munjal	31
28	13th Feb 2024	Devipada	Inayat/Anjali	Sandesh Sir	17
29	14th FEB 2024	Devipada	Inayat/Anjali	Sandesh Sir	15
30	15th Feb 2024	Devipada	Inayat/Anjali	Sandesh Sir	12
31	16th FEB 2024	Devipada	Inayat/Anjali	Sandesh Sir	26
32	18th Feb 2024	Tavta CHSL	Inayat/Anjali	Ashiwarya Patil	80
33	18Th Feb	Avon CLAssic	Inayat/Anjali	Ashiwarya Patil	72



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	2024				
34	25th Feb 2024	Samarpan Exotica	Inayat/Anjali	NIraj Rabari Sir	56
35	25th feb 2024	rivali Park	Inayat/Anjali	NIraj Rabari Sir	70
36	25th Feb 2024	Avon Classic	Inayat/Anjali	Ashiwarya Patil	69
37	3rd March 2024	Samarpan Exotica	Inayat/Anjali	Ashiwarya Patil	23
38	6th March 2024	Thakur College	Inayat/Anjali	Dhanjay Sir	106
39	10th March 2024	Raheja CHSL	Inayat/Anjali	Inayat/Anjali	56

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To prepare identification cards as a proof of their citizenship.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>10</b>

### **Conduct of the Activity**

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date -05th April, 2023. 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Roles and responsibilities for particular volunteers were allotted.</li> <li>• Availability of resources.</li> </ul>





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- Maintaining Discipline during the event.
- Wearing the N.S.S T-shirt throughout the event.

**The overall arrangement was supervised by the Principal and executed by NSS PO, NSS APO, Advisor and Volunteers of N.S.S & S.S.R.C.**

### **SUGGESTIONS/COMMENTS**

- **Frequency** of such social activity should be increased for motivating the youth and making them aware about their roles as a citizen of India.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working to** motivate the youth.
- **Significance** to spread awareness about the importance of identification cards.

### **OUTCOME OF EVENT**

After Activity the volunteers were able :

- To promote a positive attitude individual documentation.
- Understand the significance of having their own individual identification cards.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S.**



**Principal**



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**TRCAC/IP/06/FRM/07**

**Revision:A**

**REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Labor Wellness**

**Held on**

**01st May 2023**

**ORGANIZED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

**Reason/Objective :** The objective was to prepare identification proof **Voter ID, Aadhar Card and E-Shram card** for the people in the locality of Kalina Campus .

**Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

**Usefulness:** Volunteers learnt about the importance of having a Voter Id and how each vote is valuable.

**Expected to increase:** The activity aimed to make the youth aware about the importance of electing the right candidate and performing their duties towards the nation.

**BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. organized an event to prepare identification proof **Voter ID, Aadhar Card and E-Shram card** for the people in the locality of kalina . **This event was** organized under the guidance and support of the Programme Officer and the volunteers of N.S.S. Team . Volunteers were informed to come to N.S.S. T Shirt.

## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was:

- To prepare Voter Identification Cards
- To create awareness about the duties as a responsible citizen.

## DETAILS OF PARTICIPANTS

<b>Number of Volunteer</b>	<b>2</b>
<b>Number of Faculty Members/ Staff</b>	<b>2</b>

### Conduct of the Activity:

- Notice No. TRCAC/DC/NSS/005 of 2023-24 was circulated to NSS volunteers on 30/04/2023

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date - . 30/04/2023 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Roles and responsibilities for particular volunteers were allotted.</li> <li>• Time of arrival and departure.</li> <li>• Maintaining Discipline during the event.</li> <li>• Wearing the N.S.S T-shirt throughout the event.</li> </ul>

**The overall arrangement was supervised by the Principal and executed by NSS PO, NSS APO, Advisor and Volunteers of N.S.S & S.S.R.C. SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for motivating the youth and making them aware about their roles as a citizen of India.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working to** motivate the youth.
- **Significance to** spread awareness about the importance of identification cards.

### **Outcome of Voter Identification Card Making was:**

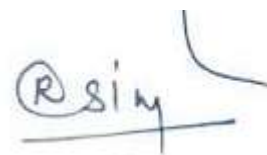
After Activity the volunteers were able :

- To promote a positive attitude towards documentation .
- Understand the significance of having their own individual identification cards.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

### BLOOD DO-NATION

### Azadi ka Amrit Mahotsav

02nd May 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

- ❖ **Reason/Objective :** The objective was to provide blood to the Thalassemia patients.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration with National association of realtors.
- ❖ **Usefulness:** Volunteers personally took care and endeavored help to the doctors and the other members present for the same.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand the importance of donating Blood to the required patients, especially the Thalassemia patients.

### BRIEF INTRODUCTION:

On the auspicious occasion of Ramnavmi National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S along with National association of realtors, at location organized a **Blood Do-nation Camp** at location Borivali Station On 2nd may 2023. Many Thalassemia patients depend on blood transfusions to survive and thrive, especially small children. We humans are the biggest Blood Factory. Donating blood is one of the easiest ways to help save lives. Each pint of blood donated can save up to three lives!

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day. All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY:**

The main objectives behind the program held was

- To collect blood as much as possible for donation.
- To create awareness about the thalassemia patients.
- To bring the realization among our Volunteers to work for society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>14</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/006 of 2023-24 was circulated to NSS volunteers on 01/05/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 01st May,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S.**



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society:

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about thalassemia.

### **Outcome of Blood Do- Nation camp was:**

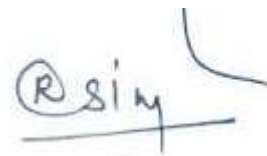
After activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realize the role of NSS volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision: A

**REPORT OF NATIONAL SERVICE SCHEME ON  
Bal Gurukul-02**

**Held On**

**5th May 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to nurture an environment that empowers students of the village for comprehensive learning.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce along with IDF.
- ❖ **Usefulness:** The motive behind this activity was to take the opportunity to bring empowering students for real-world success and serve them with all the care and affection selflessly.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

**IDF (Indian Development Foundation) and National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce** had organized **Bal Gurukul**, was conducted on 16th April, 2023 at location National Park, Borivali East Barisa Munda Bal gurukul. The term "Bal Gurukul" combines two words: "Bal," which means child in several Indian languages, and "Gurukul," which refers to a traditional Indian educational system or residential schooling system, often associated with holistic education. Volunteers Distributed Stationary kits and books for the kids in the bal gurukul.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY:**

**The main objectives behind the program held was :**

- For sustainable development model.
- To motivate the students in regards to responsible volunteers.
- To experience the importance of sharing and gratitude.
- To make the students alert and responsible towards society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>09</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/CEEP/007 of 2023-24 was circulated on 04/05/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 04th May,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**



### **SUGGESTIONS/COMMENTS.**

• **Frequency** of such social awareness activity should be increased for the motivation of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance to** help, share and spread happiness among the society.

### **Outcome of event Bal Gurukul:**

After the activity the volunteers were able to:

- Promote selfless service and bring happiness to others.
- Promote a positive attitude towards elders in our society.
- Realize the importance of village development and education programmes.

**Programme Officer**

**N.S.S.**



**Principal**





**TRCAC/IP/06/FRM/07**

**Revision: A**

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Walkathon**

**Azadi ka Amrit Mahotsav**

**21st May, 2023**

**ORGANIZED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to create awareness among volunteers and society about road safety and rules .
- ❖ **Conducted under:** The activity was conducted by National Service Scheme Unit of Thakur Ramnarayan College of Arts & Commerce in along Transport and Travel wing.
- ❖ **Usefulness:** Volunteers were able to become more empathetic towards people in society.
- ❖ **Expected to increase:** The activity aimed to create awareness about steps for road safety.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officers and N.S.S volunteers organized a Walkathon-Steps for Road Safety along **Transport and Travel wing** on 21st May ,2023 at location Borivali East near GH School , the walkathon was initiated with an objective to raise awareness related to causes of road accidents and measures to prevent them. There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day.

The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To create awareness about helping people for their betterment.
- To bring the realization among our Volunteers about the essence of selfless service to society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>14</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/008 of 2023-24 was circulated to NSS volunteers on 20/05/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<ol style="list-style-type: none"><li>1. Date - 20th May, 2023.</li><li>2. Duration of the Meeting - 30 minutes.</li><li>3. The following points were discussed<ul style="list-style-type: none"><li>• Roles and responsibilities for particular volunteers were allotted.</li><li>• Availability of resources.</li><li>• Maintaining Discipline during the event.</li><li>• Wearing the N.S.S T-shirt throughout the event.</li></ul></li></ol>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society and realization of our Volunteers.

### **BEST LIKED PART OF THE PROGRAM**

- Use of activity-based approach.
- Active involvement from the volunteers.
- Working for the betterment of society.
- Reminding the health benefits to society.

### **Outcome of Walkathon camp was:**

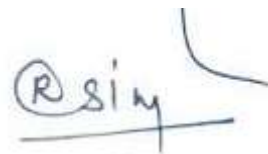
After activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realize the role of NSS volunteers as a part of society for its enhancement.
- Help spread awareness about the importance of road safety



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME

On

**Polio Drops Drive**

**Azadi ka Amrit Mahotsav**

**28th May, 2023**

**ORGANIZED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswara**

### **BACKGROUND**

- ❖ **Reason/Objective :** The objective was to provide polio dose to the kids and boost their immunity to fight against polio and create a safe and healthy environment for all.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce in collaboration with **MBMC**.
- ❖ **Usefulness:** The motive behind this cause is to save lives by providing dose to the children in the nearby locality.
- ❖ **Expected to increase:** The activity aimed at spreading a safe and healthy environment.

### **BRIEF INTRODUCTION:**

**National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce in collaboration with MBMC** under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S Team who were present voluntarily in managing and helping the MBMC team. This activity was held to create a healthy environment for children as well as to support the underprivileged people who were unable to get the dose.

All the N.S.S. Volunteers were informed to assemble at 8:00am. and were requested to wear the N.S.S T-shirts throughout the day.

There was active participation and involvement seen during the event by our volunteers.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To give polio doses to children.
- To create a safe and healthy society.
- To enhance the immunity of the people in the nearby locality.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>15</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/010 of 2023-24 was circulated on 27/05/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<ol style="list-style-type: none"><li>1. Date - 27th May, 2023.</li><li>2. Duration of the Meeting - 30 Minutes.</li><li>3. The following points were discussed Reaching on Time. <b>Sanitization</b> <b>Discipline</b></li></ol>

**The** overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S.

### **SUGGESTIONS/COMMENTS.**

- Non N.S.S. Students must also be provided sensitization towards immunity boosting of children.
- NSS Volunteers of TRCAC are very energetic and well disciplined throughout the day.



### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread health and happiness to the people residing in the localities of Mira road.

### **Outcome**

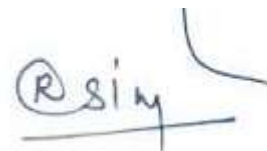
After activity the volunteers were able to;

- Live up to the goal of the Government of India to ensure the maximum number of kids are able to get the polio dose in a stipulated area..
- Recognise and realize the roles and responsibilities as N.S.S. Volunteers towards the prosperity of a society.



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision: A

**REPORT OF NATIONAL SERVICE SCHEME ON**  
**Vastradhan**  
**Held On**  
**2023-2024**  
**ORGANISED BY**  
**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to make a positive impact on the world and help those in need.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce.
- ❖ **Usefulness:** The motive behind this activity was to take the opportunity to empower students for real-world success and serve them with all the care and affection selflessly.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

**IDF (Indian Development Foundation) and National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce** had organized **Vastradhan**, was conducted for the year 2023-2024 at location Thakur Ramnarayan College of Arts And Commerce.

Donating clothes is a noble act that can benefit both the donor and the recipient. It helps people in need, reduces waste, helps the environment and also promotes kindness. There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.

**OBJECTIVES OF ACTIVITY:**

**The main objectives behind the program held was :**

- For sustainable development model.
- To motivate the students in regards to responsible volunteers.
- To experience the importance of sharing and gratitude.
- To make the students alert and responsible towards society.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>09</b>

## **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 11th April,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**

**SUGGESTIONS/COMMENTS.**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

**BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread happiness among the society.

**Outcome of event Bal Gurukul:**

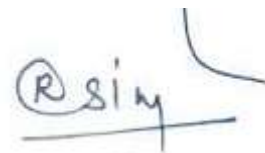
After the activity the volunteers were able to:

- Promote selfless service and bring happiness to others.
- Promote a positive attitude towards elders in our society.
- Realize the importance of village development and education programmes.



**Programme Officer**

**N.S.S.**



**Principal**



TRCAC/IP/06/FRM/07

Revision: A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

### Awareness on Environment Issues

#### Azadi ka Amrit Mahotsav

05th June, 2023

ORGANIZED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### BACKGROUND

- ❖ **Reason/Objective:** The objective was to create awareness among volunteers and society about environmental issues by planting saplings, Recycling and doing wall painting to describe out environment.
- ❖ **Conducted under:** The activity was conducted by National Service Scheme Unit of Thakur Ramnarayan College of Arts & Commerce along Indian Navy & Go Shoonya.
- ❖ **Usefulness:** Volunteers were able to become more empathetic towards people in society.
- ❖ **Expected to increase:** The activity aimed to create awareness about environmental issues and prevention .

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officers and N.S.S volunteers organized a Awareness on Environment Issues along **Indian Navy and Go Shoonya** on 05th June ,2023 at location Ghatkoper, The volunteers planted saplings and did wall painting to create awareness about the environmental issues and at Mumbai Port they did live recycling of waste. There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day.

The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To create awareness about helping people for their betterment.
- To bring the realization among our Volunteers about the essence of selfless service to society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>10</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/012 of 2023-24 was circulated to NSS volunteers on 04/06/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<ol style="list-style-type: none"><li>1. Date - 04th June, 2023.</li><li>2. Duration of the Meeting - 30 minutes.</li><li>3. The following points were discussed<ul style="list-style-type: none"><li>• Roles and responsibilities for particular volunteers were allotted.</li></ul></li></ol> <p>Availability of resources.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the event.</p>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society and realization of our Volunteers.

### **BEST LIKED PART OF THE PROGRAM**

- Use of activity-based approach.
- Active involvement from the volunteers.
- Working for the betterment of society.
- Reminding the health benefits to society

### **Outcome of Walkathon camp was:**

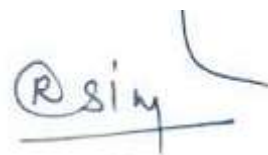
After activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realize the role of NSS volunteers as a part of society for its enhancement.
- Understand and explain about the environmental issues



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

**Blood Donation Camp - 2**

**Azadi ka Amrit Mahotsav**

**14th JUNE, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeshwar**

### **BACKGROUND**

- ❖ **Reason/Objective :** The objective was to provide blood to the Thalassemia patients.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration with Pruthvi Foundation.
- ❖ **Usefulness:** Volunteers personally took care and endeavored help to the doctors and the other members present for the same.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand the importance of donating Blood to the required patients, especially the Thalassemia patients.

### **BRIEF INTRODUCTION:**

On the auspicious occasion of Ramnavmi National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S along with prithvi foundation, on 14th June 2023 at TRCAC CAMPUS organized a **Blood Do-nation Camp**. Many Thalassemia patients depend on blood transfusions to survive and thrive, especially small children. We humans are the biggest Blood Factory. Donating blood is one of the easiest ways to help save lives. Each pint of blood donated can save up to three lives! Volunteers were informed to come to N.S.S.

## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To collect blood as much as possible for donation.
- To create awareness about the thalassemia patients.
- To bring the realization among our Volunteers to work for society.

## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>10</b>

### Conduct of the Activity:

- Notice No. TRCAC/DC/NSS/013 of 2022-23 was circulated to NSS volunteers on 13/06/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 14th June,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S. & SSRC**



### SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

### BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance** to spread awareness about thalassemia.

### Outcome of Blood Do- Nation camp was:

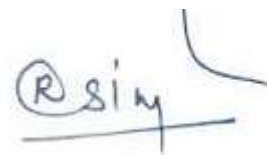
After activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realize the role of NSS volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**



Thakur Educational Trusts (Regd.)  
**THAKUR RAMNARAYAN**  
**COLLEGE OF ARTS & COMMERCE**  
ISO 21001:2018 Certified

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**TRCAC/IP/06/FRM/07**

**Revision: A**

**REPORT OF NATIONAL SERVICE SCHEME ON**  
**No Honk Day**  
**Held On**  
**13th June, 2023**  
**ORGANISED BY**  
**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to help the traffic police in Dahisar West and East, also stop unnecessary honking on the roads during the rally.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce.
- ❖ **Usefulness:** The motive behind this activity was to help our Traffic police and control noise pollution created due to unnecessary Honking.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

The National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce had organized No Honking Day To prevent noise pollution in the environment due to unnecessary honking in the areas of Kandivali and Dahisar East and West The volunteers initiated the rally along with posters stating quotes based on noise pollution and also helped the traffic police

The active involvement of volunteers was seen during the event.

## **OBJECTIVES OF ACTIVITY:**

### **The main objectives behind the program held was :**

- To connect the students with the elders in our society.
- To motivate the students in regards to responsible volunteers.
- To experience the importance of managed roads and directions.
- To make the students alert and responsible towards society.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>11</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/014 of 2023-24 was circulated on 12/06/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 13th June,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**

### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread happiness among the society.

### **Outcome of event No Honk Day:**

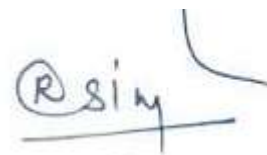
After the activity the volunteers were able to:

- Inculcate a sense of responsibility towards society.
- Promote a positive attitude towards the problems that arise in our society due to noise pollution.
- Raise awareness about the ill-effects of noise pollution.



**Programme Officer**

**N.S.S.**



**Principal**







TRCAC/IP/06/FRM/07

Revision: A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Tree Plantation-Milwaki

Azadi ka Amrit Mahotsav

17th June, 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to plant as many saplings in order to promote tree plantation and green environment
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of tree plantation for a sustainable and progressive nation.
- ❖ **Expected to increase:** The activity aimed to impart greater environmental conservation and promote a positive attitude towards healthy societal practices and environmental education through tree plantation.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, initiated a Tree Plantation at Indralok, Mira - Bhayander on 17th June, 2023. The event was under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team along with JP Morgan Group & Go Shoonya. Who were present voluntarily in event for planting tree sapling, cleaning the area and spreading awareness about the importance of a healthy and pollution free environment in the areas nearby to Mira-Bhayander.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To plant as many saplings as possible.
- To promote a safe and healthy society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>18</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/015 of 2022-23 was circulated on 16/06/2022.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date – 17th June, 2022 2. Duration of the Meeting - 30 Minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Proper arrangement for plantation of saplings.</li> <li>• Roles and responsibilities for particular Volunteers.</li> </ul>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**





### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of green and clean society.

### **Outcome :**

After the activity the volunteers were able to:

- Plant maximum number of tree saplings.
- Promote a positive attitude towards a healthy environment.
- Realize the importance of a green and clean environment.

**Programme Officer**

**N.S.S.**



**Principal**



TRCAC/IP/06/FRM/07

Revision: A

## REPORT OF NATIONAL SERVICE SCHEME ON

### योग उत्सव-Yoga For Humanity

Held On

21st June, 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### **BACKGROUND**

**Reason/Objective** - The objective was to enhance knowledge and impart health benefits of Yoga.

**Conducted under** - The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce.

**Usefulness**- Understood the importance of Yoga, Pranayam & different Asanas initiated by tradition of India.

**Expected Outcome** - The expected outcome of the activity was to develop good physical and mental health of students through Yoga.

**Expected to increase** - The activity aimed at connecting students to nature by practicing Yoga and to make students aware of physical and mental diseases and its solutions through practicing Yoga.

### **BRIEF INTRODUCTION**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce had organized a "योग उत्सव-Yoga For Humanity on International Yoga Day" on 21st June 2023.

The activity was conducted with the Brahma Kumaris. The session covered the performance of Yoga poses and benefits of each pose in tackling disease and balancing body weight.

The faculty members,volunteers and students showed great enthusiasm throughout the event.

## **OBJECTIVES OF ACTIVITY**

The main objectives behind the activity held was to

- To promote good mental and physical health through Yoga.
- To link between protection of health and sustainable health development.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>12</b>

## **Conduct of the Activity:**

- Notice No. TRCAC/DC/CEEP/016 of 2022-23 was circulated on 20/06/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date – 17 <sup>th</sup> June, 2023 2. Duration of the Meeting - 30 Minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Proper code of conduct to be maintained while performing Yoga Asanas.</li> <li>• Roles and responsibilities for particular Volunteers.</li> </ul>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer.

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer.

### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of activity-based approach.**
- **Active involvement** from the faculty members, volunteers and students.
- **Significance to spread awareness and importance of practicing Yoga among the society.**

### **Outcome**

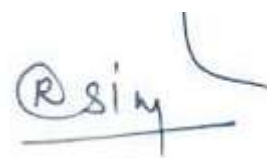
After activity the volunteers were able to:

- Realize the importance of good health.
- Develop the practice of yoga and maintain good health.



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision: A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Tree Plantation-Milwaki

Azadi ka Amrit Mahotsav

24th June, 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

- ❖ **Reason/Objective:** The objective was to plant as many saplings in order to promote tree plantation and green environment
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of tree plantation for a sustainable and progressive nation.
- ❖ **Expected to increase:** The activity aimed to impart greater environmental conservation and promote a positive attitude towards healthy societal practices and environmental education through tree plantation.

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, initiated a Tree Plantation at Indralok, Mira - Bhayander on 24th June, 2023. The event was under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team along with JP Morgan Group & Go Shoonya. Who were present voluntarily in event for planting tree sapling, cleaning the area and spreading awareness about the importance of a healthy and pollution free environment in the areas nearby to Mira-Bhayander.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To plant as many saplings as possible.
- To promote a safe and healthy society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>16</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/017 of 2022-23 was circulated on 23/06/2022.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<ol style="list-style-type: none"><li>1. Date – 24th June, 2022</li><li>2. Duration of the Meeting - 30 Minutes.</li><li>3. The following points were discussed<ul style="list-style-type: none"><li>• Proper arrangement for plantation of saplings.</li><li>• Roles and responsibilities for particular Volunteers.</li></ul></li></ol>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**

### SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society.

### BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of green and clean society.

### Outcome :

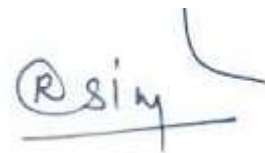
After the activity the volunteers were able to:

- Plant maximum number of tree saplings.
- Promote a positive attitude towards a healthy environment.
- Realize the importance of a green and clean environment.



**Programme Officer**

**N.S.S.**



**Principal**







TRCAC/IP/06/FRM/07

Revision: A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

**Aashayein**

**Azadi ka Amrit Mahotsav**

**30th June, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was Supporting Vulnerable Communities.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to donate stationery kits to underprivileged kids
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand Transforming lives through generosity.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, initiated a good cause to help the underprivileged students of the rural areas by giving them an educational kit consisting of a school bag , notebooks, pencil and eraser box and colors with a motto to educate every individual in collaboration with IDF and under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Teams who were present voluntarily in event for packaging and distributing. All the N.S.S. Volunteers were informed to assemble at 7:00 am in the college campus. All Volunteers were requested to wear the N.S.S. throughout the day. The Volunteers showed great interest throughout the event.



### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- Supporting Educational Access and Equity.
- Promoting Creativity and Learning.
- Sustainability and Environmental Awareness.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>20</b>

### **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date – 20th June, 2023 2. Duration of the Meeting - 30 Minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Proper arrangement for plantation of saplings.</li> <li>• Roles and responsibilities for particular Volunteers.</li> </ul>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society:

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about thalassemia.

### **OUTCOME OF EVENT**

After activity the volunteers were able to:

- Educational Empowerment.
- Reduction of Financial Burden.

**Programme Officer**

**N.S.S.**



**Principal**





**TRCAC/IP/06/FRM/07**

**Revision: A**

**REPORT OF NATIONAL SERVICE SCHEME ON**  
**Chandrayan-03**  
**Held On**  
**14th July 2023**  
**ORGANISED BY**  
**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to witness India's technological prowess and scientific achievements on a global stage.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce along with Bharat 24.
- ❖ **Usefulness:** The motive behind this activity was to take the opportunity to empower students for real-world success and serve them with all the care and affection selflessly.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

**National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce** had organized Chandrayan-3 Launch Telecast, on 14th July, 2023 at location TRCAC Seminar hall. It was an exciting opportunity to witness India's technological prowess and scientific achievements on a global stage. It has also been an opportunity to learn more about the mission's objectives and the science behind it. The launch of Chandrayaan-3 has inspired and motivated people to pursue careers in science and technology, and contribute to the growth of the country's space program.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.



### **OBJECTIVES OF ACTIVITY:**

**The main objectives behind the program held was :**

- To motivate the students in regards to responsible volunteers.
- To experience the importance of chandrayaan-3 .
- To make the students alert and responsible towards society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>14</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/CEEP/019 of 2023-24 was circulated on 13/07/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 13th June,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**

### **SUGGESTIONS/COMMENTS.**

• **Frequency** of such social awareness activity should be increased for the motivation of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread happiness among the society.

### **Outcome of event Bal Gurukul:**

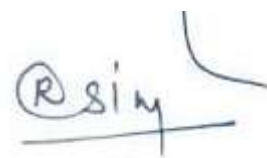
After the activity the volunteers were able to:

- Promote selfless service and bring happiness to others.
- Promote a positive attitude towards India's technological prowess.
- Realize the importance to pursue careers in science and technology.



**Programme Officer**

**N.S.S.**



**Principal**



TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

**Blood Donation Camp - 3**

**Azadi ka Amrit Mahotsav**

**02nd August, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective :** The objective was to provide blood to the Thalassemia patients.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration with JITO Seva and Western Railway Majdoor.
- ❖ **Usefulness:** Volunteers personally took care and endeavored help to the doctors and the other members present for the same.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand the importance of donating Blood to the required patients, especially the Thalassemia patients.

### **BRIEF INTRODUCTION:**

On the auspicious occasion of Ramnavmi National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S along with Jito seva Group at Borivali railway station organized a **Blood Do-nation Camp**. Many Thalassemia patients depend on blood transfusions to survive and thrive, especially small children. We humans are the biggest Blood Factory. Donating blood is one of the easiest ways to help save lives. Each pint of blood donated can save up to three lives! Volunteers were informed to come to N.S.S. & SSRC T Shirts.

## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To collect blood as much as possible for donation.
- To create awareness about the thalassemia patients.
- To bring the realization among our Volunteers to work for society.

## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>26</b>

### Conduct of the Activity:

- Notice No. TRCAC/DC/NSS/020 of 2023-24 was circulated to NSS volunteers on 01/08/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<ol style="list-style-type: none"> <li>1. Date - 1st August ,2023.</li> <li>2. Duration of the Meeting - 30 minutes.</li> <li>3. The following points were discussed <ul style="list-style-type: none"> <li>Roles and responsibilities for particular volunteers were allotted.</li> <li>Sanitization of themselves on a regular basis.</li> <li>Maintaining Discipline during the event.</li> <li>Wearing the N.S.S T-shirt throughout the day.</li> </ul> </li> </ol>

**The overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S. & SSRC**



### SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

### BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about thalassemia.

### Outcome of Blood Do- Nation camp was:

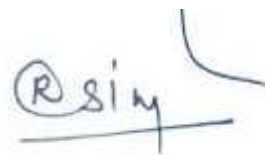
After activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realize the role of NSS volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**



TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

**Rakhi Making -Ek Rakhi Ek parivar Ek sainik ke naam**

**Held on**

**08th August, 2023 to 15th August 2023 and 20th August 2023**

**Azadi ka Amrit Mahotsav**

**ORGANISED**

**BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to express gratitude towards Indian Army and soldiers by sending them handmade rakhis through post as a thanksgiving as a symbol of protection and security.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause promotes the value of fraternity and respect towards our Soldiers.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team on the occasion of Raksha Bandhan provided 4200 handmade rakhis to the Indian Armies as an act of gratitude towards the protection and safety provided by them throughout the society. The Volunteers made rakhis at the college campus for consecutive 5 days while making the rakhis and later the rakhis were neatly packed with the packet of Tika and Sweets for our Soldiers in order to be able to express their gratitude towards them.

The Volunteers also celebrated Raksha Bandhan along with Mumbai Police.

The keen interest and enthusiasm was observed among all the volunteers throughout the preparation of rakhis.

## **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was:

- To sensitize volunteers about the efforts taken by Indian Soldiers in protecting the country.
- To create a sense of thankfulness among volunteers towards the sacrifice soldiers make in order to safeguard us.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of N.S.S. Volunteers</b>	<b>14</b>

## **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/21 of 2023-24 was circulated on 07/08/2022.

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Date - 07th August, 2023.</p> <p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed:</p> <p>Proper arrangement of resources to make rakhis.</p> <p>Roles and responsibilities for particular volunteers were allotted.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**

## **SUGGESTIONS/COMMENTS**

- **Frequency** of such social activity should be increased for the upliftment of the society:



### **BEST LIKED PART OF THE PROGRAM**

- Use of activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.

**Significance to** create a sense of empathy towards the efforts taken by the Indian Soldiers to safeguard our country.

### **Outcome**

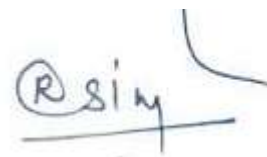
After activity the volunteers were able to:

- To empathize with the efforts taken by the Indian Army and showing gratitude towards them.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**





Thakur Educational Trust's (Regd.)  
**THAKUR RAMNARAYAN**  
**COLLEGE OF ARTS & COMMERCE**  
ISO 21001:2018 Certified

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TRCAC/IP/06/FRM/07

Revision: A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Tree Plantation & Live Recycling**

**Held on**

**11th August, 2023 & 12th August, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to plant as many saplings and do Live recycling in order to promote tree plantation and green environment
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of tree plantation for a sustainable and progressive nation.
- ❖ **Expected to increase:** The activity aimed to impart greater environmental conservation and promote a positive attitude towards healthy societal practices and environmental education through tree plantation.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce with the Go Shoonya, initiated a Tree Plantation at Malad/Indralok Phase-3 and Live Recycling at Malad on 11th August, 2023 & 12th August, 2023, event was under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team along with Go Shoonya who were present voluntarily in event for planting tree sapling and showing the live recycling, cleaning the area and spreading awareness about the importance of a healthy and pollution free environment.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day. All Volunteers were requested to wear the N.S.S.

T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To plant as many saplings as possible.
- To do Live Recycling
- To promote a safe and healthy society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>23</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/022 of 2022-23 was circulated on 10/08/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 10th August, 2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**

### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of green and clean society.

### **Outcome :**

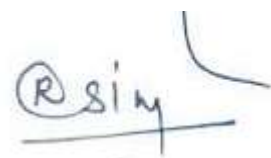
After the activity the volunteers were able to:

- Plant maximum number of tree saplings.
- Promote a positive attitude towards a healthy environment.
- Realize the importance of a green and clean environment.



**Programme Officer**

**N.S.S.**



**Principal**







TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

### Meri Mati Mera Desh Rally

12th August 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

- ❖ **Reason/Objective:** The objective was to celebrate many achievements of the nation and envision a unified celebration of India's soil and valour, commemorating the nation's journey of freedom and progress.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is a monumental Kalash, symbolizing the unity and diversity of our nation, will be placed for blending soil collected from every corner of the country and ceremoniously positioned in the Amrit Vatika and Amrit Mahotsav Memorial..
- ❖ **Expected to increase:** The activity aimed to Strengthen unity and respect those who protect the country and Celebrate our heritage..

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Organized a rally for meri mati mera desh and took panch pran pledge at location Dahisar Police Station on 12th August 2023. The pledge is taken at the memorial site during the "Meri mati Mera Desh" campaign, affirming the commitment to the country. "Meri mati Mera Desh" is a nationwide and people-led initiative to commemorate 75 years of India's independence. The campaign celebrates the many achievements of the nation and envisions a unified celebration of India's soil and valour, commemorating the nation's journey of freedom and progress

The volunteers carried out the event with great enthusiasm and positivity which created an impact on the people residing in the areas.

All the N.S.S. Volunteers were informed to meet at the location at 8:00am and were requested to wear

the N.S.S. T-shirts throughout the day.

## **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to:

To Strengthen the unity of put nation.

To Move forward with bigger resolves and resolve for a developed Indiy.

To participate in a rally spreading awareness.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of N.S.S. Volunteers</b>	<b>38</b>

## **Conduct of the Activity:**

- Notice No. TRCAC/JC/CEEP/022 of 2023-24 was circulated on 10/082023.

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Date - 10th August,2023.</p> <p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed</p> <p>mats, buckets and other materials to the basement.</p> <p>Proper arrangement of dry ration for packing</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of Basement on a regular basis.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**

### **SUGGESTIONS/COMMENTS**

- **Frequency** of such social activity should be increased for the upliftment of the society:

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.

**Significance to** spread awareness about cleanliness and manifestation of a neat and clean society.

### **OUTCOME of “Meri mati Mera Desh”**

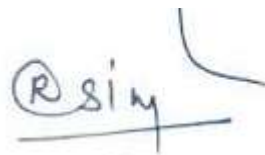
After activity the volunteers were able to:

- To Celebrate our heritage.
- To promote a positive attitude towards society.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**



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GPS Map Camera

Mumbai, Maharashtra, India  
Dahisar, Krishna Colony, Dahisar East, Mumbai, Maharashtra 400068, India  
Lat 19.25281°  
Long 72.864486°  
12/08/23 11:10 AM GMT +05:30

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TRCAC/IP/06/FRM/07

Revision: A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Tree Plantation**

**Held on**

**15th August, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to plant as many saplings in order to promote tree plantation and green environment
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of tree plantation for a sustainable and progressive nation.
- ❖ **Expected to increase:** The activity aimed to impart greater environmental conservation and promote a positive attitude towards healthy societal practices and environmental education through tree plantation.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce with the Indian Navy, initiated a Tree Plantation on 15th August 2023 at location IC Colony Madapeshvar Road, event was under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team along with Go Shoonya who were present voluntarily in event for planting tree sapling and showing the live recycling, cleaning the area and spreading awareness about the importance of a healthy and pollution free environment.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day. All Volunteers were requested to wear the N.S.S.

T-shirts throughout the day. The Volunteers showed great interest throughout the event.



### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To plant as many saplings as possible.
- To do social service
- To promote a safe and healthy society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>11</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/024 of 2023-24 was circulated on 14/08/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 14th August, 2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.

### **SUGGESTIONS/COMMENTS.**

- Frequency of such social activity should be increased for the upliftment of the society.



### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of green and clean society.

### **Outcome :**

After the activity the volunteers were able to:

- Plant maximum number of tree saplings.
- Promote a positive attitude towards a healthy environment.
- Realize the importance of a green and clean environment.

**Programme Officer**

**N.S.S.**



**Principal**



**TRCAC/IP/06/FRM/07**

**Revision: A**

**REPORT OF NATIONAL SERVICE SCHEME ON  
Chandrayan-03**

**Held On**

**23rd August 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to witness India's technological prowess and scientific achievements on a global stage.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce along with Bharat 24.
- ❖ **Usefulness:** The motive behind this activity was to take the opportunity to empower students for real-world success and serve them with all the care and affection selflessly.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

**National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce** had organized Chandrayan-3 landing on moon Telecast, on 23rd August, 2023 at location TRCAC Seminar hall. It was an exciting opportunity to witness India's technological prowess and scientific achievements on a global stage. It has also been an opportunity to learn more about the mission's objectives and the science behind it. The launch of Chandrayaan-3 has inspired and motivated people to pursue careers in science and technology, and contribute to the growth of the country's space program.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The Volunteers showed great interest throughout the event.

## **OBJECTIVES OF ACTIVITY:**

**The main objectives behind the program held was :**

- To motivate the students in regards to responsible volunteers.
- To experience the importance of chandrayaan-3 .
- To make the students alert and responsible towards society.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>17</b>

## **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/025 of 2023-24 was circulated on 22/08/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 22nd August,2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread happiness among the society.

### **Outcome of event Bal Gurukul:**

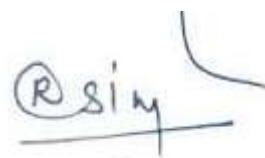
After the activity the volunteers were able to:

- Promote selfless service and bring happiness to others.
- Promote a positive attitude towards India's technological prowess.
- Realize the importance to pursue careers in science and technology.



**Programme Officer**

**N.S.S.**



**Principal**





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TRCAC/IP/06/FRM/07

Revision:A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Beach Cleanup**

**2023-2024**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective :** The objective was to clean the beach and spread awareness about cleanliness.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer..
- ❖ **Usefulness:** Volunteers learnt about the importance of cleanliness and consequences of living in a surrounding with dirt around.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand the importance of cleanliness and staying hygienic.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. at **Uttan Beach, Gorai and Manori Beach** organized by National Service Scheme (N.S.S.) Unit of **Thakur Ramnarayan College of Arts & Commerce** under the guidance and support of Programme Officer and the volunteers of N.S.S. Team who shall collect the waste from the societies as well as explain to the members of the society the benefits derived from the same.

Volunteers were informed to come in N.S.S. T Shirt.



## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To collect the waste from the sea and nearby areas.
- To create awareness about cleanliness in the society.
- To bring the realisation among our Volunteers to work for society's betterment.

## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>40</b>

## Conduct of the Activity:

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<ol style="list-style-type: none"> <li>1. Date - 24th August, 2023.</li> <li>2. Duration of the Meeting - 30 minutes.</li> <li>3. The following points were discussed               <ul style="list-style-type: none"> <li>• Roles and responsibilities for particular volunteers were allotted.</li> <li>• Sanitization of themselves on a regular basis.</li> <li>• Maintaining Discipline during the event.</li> <li>• Wearing the N.S.S T-shirt throughout the day.</li> </ul> </li> </ol>

**The overall arrangement was supervised by the Principal and executed by NSS PO, NSS APO, Advisor and Volunteers of N.S.S & S.S.R.C.**



## SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

## BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness

## Outcome of Beach Clean up Drive Programme was:

After the activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

N.S.S.



N.S.S.

**Principal**





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## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**TRCAC Cha Ladka - Ganesha Celebration**

**Azadi ka Amrit Mahotsav**

**Held on**

**18th September, 2023 to 20th September, 2023**

**ORGANIZED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

**Reason/Objective :** The objective is to promote a sustainable and green environment along with the theme of Azaadi Ka Amrit Mahotsav.

**Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

**Usefulness:** The eco-friendly celebration focused on not creating harm to environment, and to prevent as much harm from occurring to the environment.

**Expected to increase:** The activity aimed to celebrate the Ganesh Chaturthi Utsav and make youth aware about Eco-Friendliness.

### **BRIEF INTRODUCTION**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. organized a Celebration for Ganesh Chaturthi Utsav with Eco Friendly Idol and decorations at college campus. from 18th September, 2023 to 20th September, 2023.

All the faculty members, teaching & non teaching staff of TRCAC, TRPS and TRCL enthusiastically became part of the eco friendly event and participated in aarti. The Volunteers were informed to come in N.S.S.



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## **OBJECTIVES OF ACTIVITY**

The main objectives behind the program was:

- To promote a sustainable and green environment.
- To promote the theme of Azaadi Ka Amrit Mahotsav.
- To increase the awareness about Indian culture.
- To celebrate Ganesh chaturthi Utsav in an eco-friendly manner.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>28</b>

## **CONDUCT OF ACTIVITY**

- Notice No. TRCAC/DC/NSS/027 of 2023-24 was circulated to NSS volunteers on 16/09/2022.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date - 16th September, 2023. 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Roles and responsibilities for particular volunteers were allotted.</li> <li>• Availability of resources.</li> <li>• Maintaining Discipline during the event.</li> <li>• Wearing the N.S.S T-shirt throughout the event.</li> </ul>

**The overall arrangement was supervised by the Principal and executed by NSS PO, NSS APO, Advisor and Volunteers of N.S.S.**



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### **SUGGESTIONS/COMMENTS**

- **Frequency** of such social activity should be increased for motivating the youth and making them aware about their roles as a citizen of India.

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working to** motivate the youth.
- **Significance to** spread awareness about the importance of Eco friendliness.

### **OUTCOME OF EVENT**

After activity the volunteers were able :

- To promote a sustainable and green environment along with the theme of Azaadi Ka Amrit Mahotsav.
- Understand the significance of saving the environment by not using materials that are harmful.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S.**



**Principal**





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TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Amrut Kalash - Veeron Ko Naman

29th September, 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

❖ **Reason/Objective:** The objective was to celebrate many achievements of the nation and envision a unified celebration of India's soil and valour, commemorating the nation's journey of freedom and progress.

❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

❖ **Usefulness:** The motive behind this cause is a monumental Kalash, symbolizing the unity and diversity of our nation, will be placed for blending soil collected from every corner of the country and ceremoniously positioned in the Amrit Vatika and Amrit Mahotsav Memorial..

❖ **Expected to increase:** The activity aimed to Strengthen unity and respect those who protect the country and Celebrate our heritage..

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Organized a rally for meri mati mera desh and took panch pran pledge at location Trcac Campus on 29th September 2023. The pledge is taken at the memorial site during the "Meri mati Mera Desh" campaign, affirming the commitment to the country. "Meri mati Mera Desh" is a nationwide and people-led initiative to commemorate 75 years of India's independence. The campaign celebrates the many achievements of the nation and envisions a unified celebration of India's soil and valour, commemorating the nation's journey of freedom and progress

The volunteers carried out the event with great enthusiasm and positivity which created an impact on the people residing in the areas.

All the N.S.S. Volunteers were informed to meet at the location at 8:00am and were requested to wear the N.S.S. T-shirts throughout the day.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to:

To Strengthen the unity of put nation.

To Move forward with bigger resolves and resolve for a developed Indiy.

To participate in a rally spreading awareness.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of N.S.S. Volunteers</b>	<b>14</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/JC/CEEP/028 of 2023-24 was circulated on 28/09/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Date - 28th September,2023.</p> <p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed</p> <p>mats, buckets and other materials to the basement.</p> <p>Proper arrangement of dry ration for packing</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of Basement on a regular basis.</p>

**The** overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.

### SUGGESTIONS/COMMENTS

- **Frequency** of such social activity should be increased for the upliftment of the society:

### BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
  - **Active involvement** from the volunteers.
  - **Working for** the betterment of society.
- Significance to** spread awareness about cleanliness and manifestation of a neat and clean society.

### OUTCOME of “Meri mati Mera Desh”

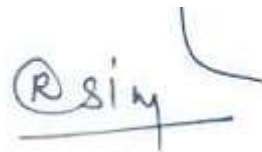
After activity the volunteers were able to:

- To Celebrate our heritage.
- To promote a positive attitude towards society.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision: A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**E-Waste Collection Drive**

**30th September, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to collect the maximum E- waste and Dry waste from the nearby locations and create a safe and carbon neutral environment for all.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to make the environment carbon neutral by collecting and disposing of E-waste and dry waste from our societies.
- ❖ **Expected to increase:** The activity aimed at spreading a safe and healthy environment.

**BRIEF INTRODUCTION:** National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S Team who were present voluntarily in managing and helping in collection of E- waste and dry waste, explaining and spreading awareness in the societies of Kandivali, Borivali, Dahisar and Mira road, regarding the Carbon Neutral Drive carried out on the auspicious occasion of Gandhi Jayanti.

All the N.S.S. Volunteers were informed to meet at Mira Bhayander location at 8:00am and were requested to wear the N.S.S T-shirts throughout the day while they collected the e-waste or explained to the society members about the importance of Carbon Neutral Drive.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To collect the maximum number of E-Waste and Dry Waste.
- To create a safe and healthy society.

## DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff 02
Number of NSS Volunteers :12

## SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the betterment of the society:

## BEST LIKED PART OF THE PROGRAM

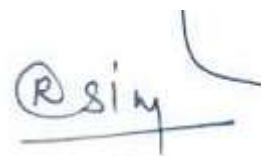
- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about the carbon Neutral Mumbai and difference between dry and wet waste along with collection of E-waste generated from the societies in localities of Kandivali, Borivali, Dahisar and Mira road.

## Outcome After the Vaccination Drive was:

Activity the volunteers were able to:

- Help and guide others selflessly.
- Realise the role of NSS volunteers as a part of society for its betterment.
- Have a better understanding of the need to spread awareness of a clean and healthy sustainable environment.





**Programme Officer**

**Principal**





TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

### Sanitary Pad Distribution

30th September 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

❖ **Reason/Objective:** The objective was to increase awareness among adolescent girls on Menstrual hygiene, to increase access to and use of high quality sanitary napkins to adolescent girls in backward areas, to ensure safe disposal of sanitary napkins in an environmentally friendly manner.

❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

❖ **Usefulness:** The motive behind this cause was to promote the health hygiene of females during their menstruation cycle and to inform the localities about the importance of a healthy, socially responsible nation.

❖ **Expected to increase:** The activity aimed to promote a positive attitude towards health hygiene of women in the society.

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team organized Sanitary Pad distribution campaign. It was distributed in local areas of National Park followed by nukkad natak to create awareness regarding health hygiene for women along with **GO Shoonya and IDF**. The keen interest was observed among localities in understanding the demolition of taboo on the menstruation cycle and its myths.





## **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To sensitize society about the myths and realities of the menstruation cycle.
- To create a safe and healthy society.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of N.S.S. Volunteers</b>	<b>10</b>

## **Conduct of the Activity:**

- Notice No. TRCAC/DC/CEEP/005 of 2022-23 was circulated on 05/04/2022.

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Date - 06th April, 2022.</p> <p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed:</p> <p>Proper arrangement of sanitary kits were arranged</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Following of Covid-19 protocols.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**

## **SUGGESTIONS/COMMENTS**

- **Frequency** of such social activity should be increased for the upliftment of the society:



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**THAKUR RAMNARAYAN  
COLLEGE OF ARTS & COMMERCE**

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### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.

- **Active involvement** from the volunteers.

- **Working for** the betterment of society.

**Significance to** spread awareness about cleanliness and manifestation of healthy society.

### **Outcome**

After activity the volunteers were able to:

- To eradicate myths and misconceptions of the menstruation cycle.

- To promote a positive attitude towards a healthy environment.

- Realise the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S.**



**Principal**



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TRCAC/IP/06/FRM/07

Revision: A

**REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.) On**  
**National Unity Day Celebration: Pledge & E Waste Collection**

**Azadi ka Amrit Mahotsav**

**31st October, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to take the Pledge of Unity to serve our Nation.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of cleanliness for a healthy, socially responsible, economically dynamic and progressive nation.
- ❖ **Expected to increase:** The activity aimed to make students aware about the importance of social responsibility.

**BRIEF INTRODUCTION:**

National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S Team who were present voluntarily and took a unity pledge on National Unity Day in memory of Sardar Vallabhbhai Patel as it was his Birth Anniversary. We all took a pledge to remove waste which is hazardous and dangerous to the Environment. We also took pledge to follow and save the integrity of our nation. All the N.S.S. Volunteers were informed to meet at College at 2:00 p.m. and were requested to wear the N.S.S





## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was to

- To take a pledge of integrity and be united to serve the nation.
- To spread unity in diversity.



## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>12</b>

## Conduct of the Activity:

- Notice No. TRCAC/DC/NSS/029 of 2023-24 was circulated to NSS volunteers on 28/10/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	1. Date - 28th October, 2023. 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Roles and responsibilities for particular volunteers were allotted.</li> <li>• Sanitization of themselves on a regular basis.</li> <li>• Maintaining Discipline during the event.</li> <li>• Wearing the N.S.S T- shirt.</li> </ul>

The overall arrangement was supervised by the Principal and executed by N.S.S. P.O., N.S.S. A.P.O., Advisor and Volunteers of N.S.S.

## SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

## BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of a neat and clean society.

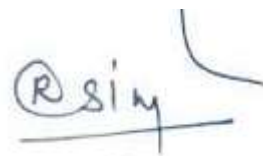
**Outcome of National Unity Day Celebration: Pledge:** Activity the volunteers were able to:

- To understand our nation's unity
- To promote a positive attitude towards a healthy environment.
- Realise the role of NSS volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S**



**Principal**



TRCAC/IP/06/FRM/07

Revision:A

**REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**  
**On**  
**Indian Swachata League**  
**Held on**  
**1st October 2023 & 2nd October 2023**  
**ORGANISED BY**  
**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was spreading awareness in the city in regards to cleanliness and keeping the environment clean.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of cleanliness for a healthy, socially responsible, economically dynamic and progressive nation.
- ❖ **Expected to increase:** The activity aimed to introduce modern solid waste management and promote a positive attitude towards cleanliness and right waste disposal practices.

**BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S.

Teams who were present voluntarily for collection of waste and creation of awareness through rally. Volunteers carried out the activity by picking up the littered plastic wrappers, boxes, papers and empty bottles and disposing them by segregating the dry waste and wet waste, cleaning the area and spreading awareness about the importance of disposing the waste correctly in the dustbin instead of littering it in the surrounding.

The volunteers carried out the event with great enthusiasm and positivity which created an impact on the people residing in the areas.

All the N.S.S. Volunteers were informed to meet at the location at 8:00am and were requested to wear the N.S.S. and throughout the day.



## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was to:

To collect the maximum waste and dispose correctly.

To create a safe and healthy society.

To participate in a rally spreading awareness.

## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of N.S.S. Volunteers</b>	<b>28</b>

## **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/30 of 2022-23 was circulated on 30/092023.

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Date - 30th September,2023. Duration of the Meeting - 30 Minutes. The following points were discussed Roles and responsibilities for particular volunteers were allotted. Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event. T-shirt throughout</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**

### SUGGESTIONS/COMMENTS

- **Frequency** of such social activity should be increased for the upliftment of the society:

### BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
  - **Active involvement** from the volunteers.
  - **Working for** the betterment of society.
- Significance to** spread awareness about cleanliness and manifestation of a neat and clean society.

### Outcome

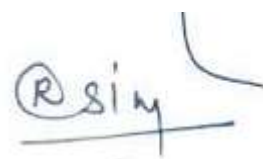
After activity the volunteers were able to:

- To eradicate dirtiness.
- To promote a positive attitude towards a healthy environment.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**







TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Live Recycling of Plastic

Azadi ka Amrit Mahotsav

02nd October 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

- ❖ **Reason/Objective :** The objective was to divert plastic waste and transform it into usable materials in a continuous process.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration with Go shonya..
- ❖ **Usefulness:** Volunteers learnt about Live recycling of plastic directly converting plastic waste into usable new materials, reducing pollution and conserving resources.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand how to convert plastic waste into usable products immediately (or with minimal delay).

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. at **Indian Navy Ghatkopar**, organized by National Service Scheme (N.S.S.) Unit of **Thakur Ramnarayan College of Arts & Commerce** under the guidance and support of Programme Officer and the volunteers of N.S.S. Team who shall collect the waste from the societies as well as explain About Waste Recycling.

Volunteers were informed to come in N.S.S T-Shirt.



### OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To collect the waste from nearby areas and recycle it.
- To create awareness about cleanliness in the society.
- To bring the realisation among our Volunteers to work for society's betterment.

### DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff	2
Number of NSS Volunteers	20

### Conduct of the Activity:

Number of meetings held	Details of the meetings to organise the activity
1	<ol style="list-style-type: none"><li>1. Date - 01th October, 2023.</li><li>2. Duration of the Meeting - 30 minutes.</li><li>3. The following points were discussed<ul style="list-style-type: none"><li>• Roles and responsibilities for particular volunteers were allotted.</li><li>• Sanitization of themselves on a regular basis.</li><li>• Maintaining Discipline during the event.</li><li>• Wearing the N.S.S T-shirt throughout the day.</li></ul></li></ol>

**The overall arrangement was supervised by the Principal and executed by NSS PO, NSS APO, Advisor and Volunteers of N.S.S**





## SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

## BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness

## Outcome of Beach Clean up Drive Programme was:

After the activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S**



**Principal**



TRCAC/IP/06/FRM/07

Revision: A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Tree Plantation**

**Held on**

**07th October, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to plant as many saplings in order to promote tree plantation and green environment
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S. Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of tree plantation for a sustainable and progressive nation.
- ❖ **Expected to increase:** The activity aimed to impart greater environmental conservation and promote a positive attitude towards healthy societal practices and environmental education through tree plantation.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce with the Indian Navy, initiated a Tree Plantation on 7th October, 2023 at location Jogeshwari SRPF, event was under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team along with Go Shoonya who were present voluntarily in event for planting tree sapling, cleaning the area and spreading awareness about the importance of a healthy and pollution free environment.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day. All Volunteers were requested to wear the N.S.S.

T-shirts throughout the day. The Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To plant as many saplings as possible.
- To do social service
- To promote a safe and healthy society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>18</b>

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/031 of 2023-24 was circulated on 06/10/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 14th August, 2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.

### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society.



### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness and manifestation of green and clean society.

### **Outcome :**

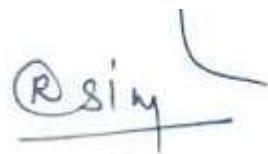
After the activity the volunteers were able to:

- Plant maximum number of tree saplings.
- Promote a positive attitude towards a healthy environment.
- Realize the importance of a green and clean environment.



**Programme Officer**

**N.S.S**



**Principal**







TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

### Tribal Diya Distribution

10th November 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

#### BACKGROUND

- ❖ **Reason/Objective:** The objective was to help tribal women who sell diyas
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to donate sarees to empower women laborers.
- ❖ **Expected to increase:** The activity aimed to transform sarees into something practical and portable and help women Empowerment

#### BRIEF INTRODUCTION:

**National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce** has organized “Tribal Diya Distribution” on 10th November 2023, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team who were present voluntarily and selling the diyas to help tribal women.

All the N.S.S. Volunteers were informed to meet at the location and were requested to wear the N.S.S. T-shirts throughout the day.





## **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To Empower women laborers

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of N.S.S. Volunteers</b>	<b>12</b>

## **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**





### SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

### BEST LIKED PART OF THE PROGRAM

- **Use of activity-based approach.**
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Reminding** the strength of togetherness.

### Outcome of the event was:

After activity the volunteers were able to:

- To help for Women Empowerment.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**



**Principal**



*Thakur Educational Trust's (Regd.)*  
**THAKUR RAMNARAYAN**  
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**TRCAC/IP/06/FRM/07**

**Revision: A**

## **REPORT OF NATIONAL SERVICE SCHEME**

**ON**

### **Constitution Pledge**

**Held On**

**26th November, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

- ❖ **Reason/Objective:** The objective was to celebrate the Constitution Day with zeal and enthusiasm
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit and Ceep Committee of Thakur Ramnarayan College of Arts & Commerce.
- ❖ **Usefulness:** The motive behind this activity was to be grateful towards the opportunity received in N.S.S to serve others selflessly. .
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share and express their experience of N.S.S.

### **BRIEF INTRODUCTION:**

National Service Scheme (NSS) Unit and Ceep Committee of Thakur Ramnarayan College of Arts and Commerce had organized “**Constitution Day Celebration**” on 26th November 2023 in Trcac campus. The volunteers did a play on creating awareness about our fundamental rights given by our constitution.

All the N.S.S. Volunteers were informed to meet at the location and were requested to wear the N.S.S. and throughout the day. The active involvement of volunteers was seen during the event. The active involvement of volunteers was seen during the event.

### **OBJECTIVES OF ACTIVITY:**

#### **The main objectives behind the program held was :**

- To Celebrate Constitution day with enthusiasm.
- To Create awareness about our fundamental rights
- To motivate the students in regards to responsible volunteers.
- To make the students alert and responsible towards society.

### **DETAILS OF PARTICIPANTS:**

Number of Faculty Members/ Staff	2
Number of NSS Volunteers	18

### **Conduct of the Activity:**

- Notice No. TRCAC/DC/NSS/33 of 2023-24 was circulated on 22/11/2023.

Number of meetings held	Details of the meetings to organize the activity
1	<ol style="list-style-type: none"> <li>1. Date – 22 November, 2023</li> <li>2. Duration of the Meeting - 30 Minutes.</li> <li>3. The following points were discussed <ul style="list-style-type: none"> <li>• Proper code of conduct to be maintained while being on the task of spreading happiness.</li> <li>• Roles and responsibilities for particular Volunteers.</li> </ul> </li> </ol>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**

### **SUGGESTIONS/COMMENTS:**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.



**BEST LIKED PART OF THE PROGRAM:**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread awareness among the society.

**OUTCOME:**

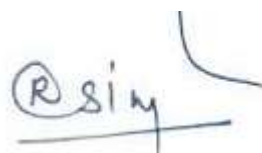
After the activity the volunteers were able to:

- Inculcate a sense of responsibility towards society.
- Promote gratitude towards social service.
- Create awareness about fundamental rights



**Programme Officer**

N.S.S



**Principal**





TRCAC/IP/06/FRM/07

Revision:A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

**Aids Awareness**

**30th November, 2023 to 06th December, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

❖ **Reason/Objective:** The objective was to create awareness about HIV/AIDS among people, disease prevention by organizing slogan writing and poster making competitions.

❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

❖ **Usefulness:** The motive behind this cause was to **raise awareness about the importance of engaging youth in the prevention and treatment of HIV/AIDS**. While young people may tune out sexual health messages from the adults in their lives, they pay close attention to their peers.

❖ **Expected to increase:** The activity aimed to create awareness about the **encouraging progress in HIV/AIDS prevention**.

### **BRIEF INTRODUCTION:**

**National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce and Red Ribbon Club** has organized an “**Aids awareness**” under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team were present volunteering for creating awareness for AIDS by organizing competitions like slogan writing and poster making for students.

All the N.S.S. Volunteers were informed to meet at the location and were requested to wear the N.S.S. and T-shirts throughout the day.



## **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To create awareness about AIDS.
- To create a safe and healthy society.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of N.S.S. Volunteers</b>	<b>35</b>

## **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>Date - 09th November, 2023.</p> <p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed</p> <p>mats, buckets and other materials to the basement.</p> <p>Proper arrangement of dry ration for packing</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of Basement on a regular basis.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**

## **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society:

## **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.

**Significance to** spread awareness about aids and manifestation of a healthy society.





**Outcome of Aids Awareness was:**

After activity the volunteers were able to:

- To understand the importance of aids awareness .
- To promote a positive attitude towards a healthy environment.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S**



**Principal**



 **GPS Map Camera**



Google

**Mumbai, Maharashtra, India**  
Thakur Ramnarayan College of Arts and Commerce, Dahisar East, Mumbai,  
Maharashtra 400068, India  
Lat 19.255476°  
Long 72.866328°  
30/11/23 12:36 PM GMT +05:30

TRCAC/IP/06/FRM/07

Revision: A

**REPORT OF NATIONAL SERVICE SCHEME ON**  
**Hum Hai Na- Old Age Home**

**Held On**

**12th December, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

- ❖ **Reason/Objective:** The objective was to help the elderly people in shifting and spend some good moments with them with lots of love and care.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce.
- ❖ **Usefulness:** The motive behind this activity was to take the opportunity to bring a smile on the face of elders and serve them with all the care and affection selflessly.
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share happiness with others in the society.

**BRIEF INTRODUCTION:**

National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts and Commerce had organized **Hum Hai Na- Old Age Home in**, was conducted on 12th December 2023 where students of N.S.S took the initiative of helping elderly people at an Old Age Home Located at Mira-Bhayandar, and making sure to spread happiness and positivity by helping them in their shifting work as well as celebrating a birthday with them.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day and made sure the old age people did not find any kind of inconvenience.

There was active involvement of all the volunteers. They showed great enthusiasm throughout the day.

All Volunteers were requested to wear the N.S.S. T-shirts throughout the day. The

Volunteers showed great interest throughout the event.

### **OBJECTIVES OF ACTIVITY:**

**The main objectives behind the program held was :**

- To connect the students with the elders in our society.
- To motivate the students in regards to responsible volunteers.
- To experience the importance of sharing and gratitude.
- To make the students alert and responsible towards society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>15</b>

### **CONDUCT OF ACTIVITY:**

- Notice No. TRCAC/DC/NSS/001 of 2023-24 was circulated on 01/04/2023.

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 1st April, 2023.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>



The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.

**SUGGESTIONS/COMMENTS:**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

**BEST LIKED PART OF THE PROGRAM:**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread happiness among the society.

**Outcome of Hum Hai Na- Old Age Home was:**

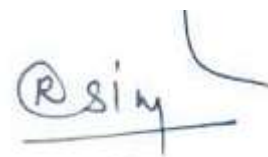
After the activity the volunteers were able to:

- Promote selfless service and bring happiness to others.
- Promote a positive attitude towards elders in our society.
- Realise the importance of being there with elders who made our world a better place.



**Programme Officer**

**N.S.S**



**Principal**



TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME

On

**Polio Drops Drive**

**Azadi ka Amrit Mahotsav**

**10th December, 2023**

**ORGANIZED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswara**

### **BACKGROUND**

- ❖ **Reason/Objective :** The objective was to provide polio dose to the kids and boost their immunity to fight against polio and create a safe and healthy environment for all.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce in collaboration with MBMC.
- ❖ **Usefulness:** The motive behind this cause is to save lives by providing dose to the children in the nearby locality.
- ❖ **Expected to increase:** The activity aimed at spreading a safe and healthy environment.

### **BRIEF INTRODUCTION:**

**National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce in collaboration with MBMC** under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S Team who were present voluntarily in managing and helping the MBMC team. This activity was held to create a healthy environment for children as well as to support the underprivileged people who were unable to get the dose.

All the N.S.S. Volunteers were informed to assemble at 8:00am. and were requested to wear the N.S.S T-shirts throughout the day.

There was active participation and involvement seen during the event by our volunteers.

## **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- To give polio doses to children.
- To create a safe and healthy society.
- To enhance the immunity of the people in the nearby locality.

## **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>35</b>

## **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date - 08/12/2023 2. Duration of the Meeting - 30 Minutes. 3. The following points were discussed Reaching on Time. <b>Sanitization</b> <b>Discipline</b>

**The** overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S.

## **SUGGESTIONS/COMMENTS.**

- Non N.S.S. Students must also be provided sensitization towards immunity boosting of children.
- NSS Volunteers of TRCAC are very energetic and well disciplined throughout the day.



### **BEST LIKED PART OF THE PROGRAM**

- **Use of activity-based approach.**
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread health and happiness to the people residing in the localities of Mira road.

### **Outcome**

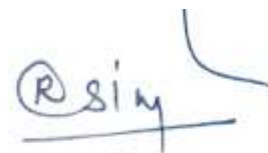
After activity the volunteers were able to;

- Live up to the goal of the Government of India to ensure the maximum number of kids are able to get the polio dose in a stipulated area..
- Recognise and realize the roles and responsibilities as N.S.S. Volunteers towards the prosperity of a society.



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision:A

**REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**  
**On**  
**Vikshit Bharat -Voice of Youth**  
**ORGANISED BY**  
**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**BRIEF INTRODUCTION:**

National Service Scheme (NSS) Unit and Ceep Committee of Thakur Ramnarayan College of Arts and Commerce had organized Telecast on Vikshit Bharat PM Modi;s Speech for youth at location TRCAC



**DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>15</b>

**The** overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C

**Programme Officer**

**N.S.S**



**Principal**





TRCAC/IP/06/FRM/07

Revision:A

## **REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**

**On**

### **Shivaji Maharaj Statue cleaning**

**16th December, 2023**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### **BACKGROUND**

❖ **Reason/Objective:** The objective was spreading awareness in the city in regards to cleanliness and keeping the environment clean.

❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

❖ **Usefulness:** The motive behind this cause is to clean the environment, promote **the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them** about the importance of cleanliness for a healthy, socially responsible, economically dynamic and progressive nation.

❖ **Expected to increase:** The activity aimed to introduce modern solid waste management and promote a positive attitude towards cleanliness and right waste disposal practices.

### **BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S.

Teams who were present voluntarily for collection of waste and creation of awareness through rally. Volunteers carried out the activity by picking up the littered plastic wrappers, boxes, papers and empty bottles and disposing them by segregating the dry waste and wet waste, cleaning the area and spreading awareness about the importance of disposing the waste correctly in the dustbin instead of littering it in the surrounding.

The volunteers carried out the event with great enthusiasm and positivity which created an





impact on the people residing in the areas.

All the N.S.S. Volunteers were informed to meet at the location at 8:00am and were requested to wear the N.S.S. and S.S.R.C. T-shirts throughout the day.

### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to:

To collect the maximum waste and dispose correctly.

To create a safe and healthy society.

To participate in a rally spreading awareness.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of N.S.S. Volunteers</b>	<b>20</b>

### **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Date - 11th December 2023.</p> <p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed</p> <p>mats, buckets and other materials to the basement.</p> <p>Proper arrangement of dry ration for packing</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of Basement on a regular basis.</p>



**The** overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.

### SUGGESTIONS/COMMENTS

- **Frequency** of such social activity should be increased for the upliftment of the society:

### BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.

**Significance to** spread awareness about cleanliness and manifestation of a neat and clean society.

### Outcome

After activity the volunteers were able to:

- To eradicate dirtiness.
- To promote a positive attitude towards a healthy environment.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S**



**Principal**



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TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Joy of Giving

16th December, 2023

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### BACKGROUND

- ❖ **Reason/Objective :** The objective was Supporting Vulnerable Communities.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration.
- ❖ **Usefulness:** Donating food provides immediate relief to those in need.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand Transforming lives through generosity.

### BRIEF INTRODUCTION:

The National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S Unit Organized **Joy of Giving** at location National park .Donating stationary involves providing essential writing and drawing materials to individuals or organizations in need. It supports education and creativity by ensuring access to tools like pencils, notebooks, and art supplies. .Volunteers were informed to come to N.S.S. & SSRC T Shirts.The camp was successfully able to achieve its objective of serving the people of society.





### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was

- Supporting Educational Access and Equity.
- Promoting Creativity and Learning.
- Sustainability and Environmental Awareness.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of NSS Volunteers</b>	<b>16</b>

### **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	<p>. Date - 10th November 2022.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S. & SSRC**



### SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

### BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about thalassemia.

### OUTCOME OF EVENT

After activity the volunteers were able to:

- Educational Empowerment.
- Reduction of Financial Burden.

**Programme Officer**

**N.S.S.**



**Principal**



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TRCAC/IP/06/FRM/07

Revision:A

**REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**  
**On**  
**Youth awareness**  
**ORGANISED BY**  
**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**BRIEF INTRODUCTION:**

**National Youth Day**

National Service Scheme (NSS) Unit and Ceep Committee of Thakur Ramnarayan College of Arts and Commerce had organized National Youth Day on 12th January 2024 at location TRCAC Campus volunteers performed skit on youth awareness topics







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### DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff	2
Number of NSS Volunteers	15

**The** overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.

**Programme Officer**

**N.S.S**



**Principal**



TRCAC/IP/06/FRM/07

Revision: A

## REPORT OF THE NATIONAL SERVICE SCHEME

On

Republic Day

Azadi ka Amrit Mahotsav

26th January, 2024

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

### BACKGROUND

- ❖ **Reason/Objective:** The objective was to celebrate the National Festival with immense patriotic fervour and zeal.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** Volunteers participated in a huge number and showcased their talent in the form of Folk Dance and Patriotic song followed by Speech on Republic Day.
- ❖ **Expected to increase:** The activity aimed to celebrate the monumental day by presenting Soulful Patriotic songs and Folk dance.

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S. Programme Officers and N.S.S volunteers planned to celebrate Republic Day on 26th January 2024 a momentous occasion with great pride by delivering informative speech in regards to the importance of the Drafting Committee headed by Dr B.R. Ambedkar followed by Folk Dance and Patriotic singing competition. Volunteers joined with great enthusiasm and made the event a successful one.

## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was to

- To Celebrate our National Festival and showcase the talent virtually.
- To bring the realization among our Volunteers about their rights and duties also value their existence.

## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff 2</b>
<b>Number of NSS Volunteers 38</b>

## Conduct of the Activity:

<b>Number of meetings held Details of the meetings to organize the activity</b>
---

1. Date - 24th January, 2024.
2. Duration of the Meeting - 30 minutes.
3. The following points were discussed:
  - Joining the meeting on time
  - Appropriate Song selection.
  - Maintaining Discipline during the event.
  - Wearing the N.S.S. T-shirt throughout the event.

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**

## SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society and realization of our Volunteers.

## BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.

Reminding about the rights and duties as the citizens of India.

### **Outcome of Republic Day Celebration was:**

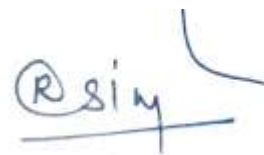
Activity the volunteers were able to:

- To be aware of the history and the significance of Republic Day followed by a motivational talk highlighting the duties & rights of citizens.
- A plethora of activities were organised to infuse the spirit of unity, brotherhood and patriotism among the Volunteers.



**Programme Officer**

**N.S.S.**



**Principal**







TRCAC/IP/06/FRM/07

Revision:A

**REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)**  
**On**

**A Tribute to pulwama attack martyrs**

**Azadi ka Amrit Mahotsav**

**14th February, 2024**

**ORGANIZED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeswarar**

**BACKGROUND**

**Reason/Objective :** The objective was to pay tribute to our pay homage to the martyrs who were killed in the deadly Pulwama terror attack in February 2019 in Jammu and Kashmir.

**Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.

**Usefulness:** Volunteers were able to know about the sacrifice made by our martyrs to protect our nation.

**Expected to increase:** The activity aimed to pay tribute to our martyrs by mourning and lighting candles in the memory of our strong martyrs.

**BRIEF INTRODUCTION:**

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. organized a Black Day on 14th February 2024, in the college campus pay homage to the martyrs who were killed in the deadly Pulwama terror attack in February 2019 in Jammu and Kashmir, **by mourning for 5 minutes and lighting candle in order to remember the sacrifices made by them while serving and protecting the nation. This event was** organized under the guidance and support of the Programme Officer and the volunteers of N.S.S. Team .

Volunteers were informed to come in N.S.S. T Shirt.



## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To pay homage to the martyrs who were killed in the deadly Pulwama terror attack in February 2019 in Jammu and Kashmir.

## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>30</b>

### Conduct of the Activity:

<b>Number of meetings held</b>	<b>Details of the meetings to organize the activity</b>
<b>1</b>	1. Date - 11th February, 2024. 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Roles and responsibilities for particular volunteers were allotted.</li> <li>• Availability of resources.</li> <li>• Maintaining Discipline during the event.</li> <li>• Wearing the N.S.S T-shirt throughout the event.</li> </ul>

**The overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S**



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## SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for motivating the youth towards the right path and making them realize their roles as a citizen of India.

## BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working to** motivate the youth.
- **Significance to** spread awareness about the sacrifices of the real heroes of our country.

## Outcome of Pulwama Attack Tribute was:

After activity the volunteers were able :

- To promote a positive attitude towards our countrymen.
- Understand the significance of the day.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S.**



**Principal**









TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

**Blood Donation Camp - 4**

**Azadi ka Amrit Mahotsav**

**14th February , 2024**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeshwar**

### **BACKGROUND**

- ❖ **Reason/Objective :** The objective was to provide blood to the Thalassemia patients.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration with Pruthvi Foundation.
- ❖ **Usefulness:** Volunteers personally took care and endeavored help to the doctors and the other members present for the same.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand the importance of donating Blood to the required patients, especially the Thalassemia patients.

### **BRIEF INTRODUCTION:**

On the auspicious occasion of Ramnavmi National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S along with Prithivi foundation , on 14th February 2024 at TRCAC Campus organized **a Blood Do-nation Camp**. Many Thalassemia patients depend on blood transfusions to survive and thrive, especially small children. We humans are the biggest Blood Factory. Donating blood is one of the easiest ways to help save lives. Each pint of blood donated can save up to three lives! Volunteers were informed to come to N.S.S.

## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To collect blood as much as possible for donation.
- To create awareness about the thalassemia patients.
- To bring the realization among our Volunteers to work for society.

## DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff	02
Number of NSS Volunteers	

### Conduct of the Activity:

Number of meetings held	Details of the meetings to organize the activity
1	<p>. Date - 13th February, 2024.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S. & SSRC**

### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society:


### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about thalassemia.

### **Outcome of Blood Do- Nation camp was:**

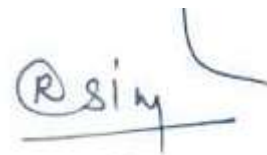
After activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realize the role of NSS volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S.**



**Principal**





TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

**Blood Donation Camp - 5**

**Azadi ka Amrit Mahotsav**

**18th February , 2024**

**ORGANISED BY**

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

**By Mahima Yogeeshwar**

### **BACKGROUND**

- ❖ **Reason/Objective :** The objective was to provide blood to the Thalassemia patients.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration with Pruthvi Foundation.
- ❖ **Usefulness:** Volunteers personally took care and endeavored help to the doctors and the other members present for the same.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand the importance of donating Blood to the required patients, especially the Thalassemia patients.

### **BRIEF INTRODUCTION:**

On the auspicious occasion of Ramnavmi National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S along with Imprint, on 18th February 2024 at Kandivali organized a **Blood Do-nation Camp**. Many Thalassemia patients depend on blood transfusions to survive and thrive, especially small children. We humans are the biggest Blood Factory. Donating blood is one of the easiest ways to help save lives. Each pint of blood donated can save up to three lives! Volunteers were informed to come to N.S.S.



## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To collect blood as much as possible for donation.
- To create awareness about the thalassemia patients.
- To bring the realization among our Volunteers to work for society.

## DETAILS OF PARTICIPANTS

Number of Faculty Members/ Staff	02
Number of NSS Volunteers	34

### Conduct of the Activity:

Number of meetings held	Details of the meetings to organize the activity
1	<p>. Date - 16th February, 2024.</p> <p>2. Duration of the Meeting - 30 minutes.</p> <p>3. The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. PO, N.S.S. APO, Advisor and Volunteers of N.S.S. & SSRC**



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society:

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about thalassemia.

### **Outcome of Blood Do- Nation camp was:**

After activity the volunteers were able to:

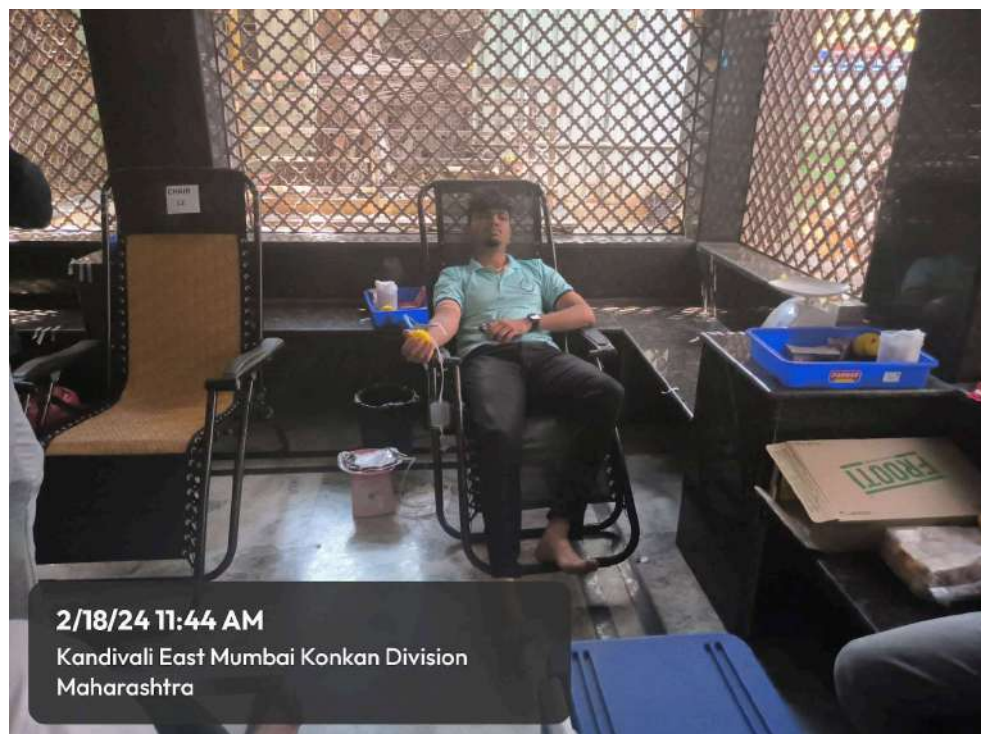
- Promote a positive attitude towards a healthy environment.
- Realize the role of NSS volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S.**



**Principal**



**TRCAC/IP/06/FRM/07****Revision: A****REPORT OF NATIONAL SERVICE SCHEME****ON****Shivaji Jayanti Celebration at University****Held On****20th February, 2024****ORGANISED BY****THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE****By Mahima Yogeeswarar****BACKGROUND**

- ❖ **Reason/Objective:** The objective was to celebrate the Shivaji Jayanti with zeal and enthusiasm
- ❖ **Conducted under:** The activity was conducted by University of Mumbai
- ❖ **Usefulness:** The motive behind this activity was to be grateful towards the opportunity received in N.S.S to serve others selflessly. .
- ❖ **Expected to increase:** The activity should be conducted on regular intervals so that students get an opportunity to share and express their experience of N.S.S.

**BRIEF INTRODUCTION:**

The Department of Arts along with the National Service Scheme (NSS) Unit and Ceep Committee of Thakur Ramnarayan College of Arts and Commerce had organized “**Shivaji Jayanti Celebration** ” on 20th February 2023 in University of Mumbai. The volunteers did a skit to pay tribute to the chivalry of Chatrapati Shivaji Maharaj.

All the N.S.S. Volunteers were informed to meet at the location and were requested to wear the N.S.S. and T-shirts throughout the day. The active involvement of volunteers was seen during the event. The active involvement of volunteers was seen during the event.



## **OBJECTIVES OF ACTIVITY:**

### **The main objectives behind the program held was :**

- To Celebrate Shivaji Jayanti with enthusiasm.
- To motivate the students in regards to responsible volunteers.
- To make the students alert and responsible towards society.

## **DETAILS OF PARTICIPANTS:**

Number of Faculty Members/ Staff	2
Number of NSS Volunteers	15

## **Conduct of the Activity:**

Number of meetings held	Details of the meetings to organize the activity
1	1. Date – 18 February, 2024 2. Duration of the Meeting - 30 Minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Proper code of conduct to be maintained while being on the task of spreading happiness.</li> <li>• Roles and responsibilities for particular Volunteers.</li> </ul>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**

**SUGGESTIONS/COMMENTS:**

- **Frequency** of such social awareness activity should be increased for the motivation of the society.

**BEST LIKED PART OF THE PROGRAM:**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers and students.
- **Significance** to help, share and spread awareness among the society.

**OUTCOME:**

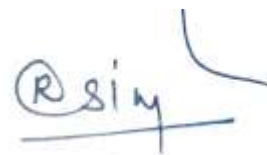
After the activity the volunteers were able to:

- Inculcate a sense of responsibility towards society.
- Promote gratitude by celebrating shivaji jayanti
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.



**Programme Officer**

**N.S.S**



**Principal**



TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Live Recycling at University

Azadi ka Amrit Mahotsav

05th March, 2024

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

- ❖ **Reason/Objective :** The objective was to divert plastic waste and transform it into usable materials in a continuous process.
- ❖ **Conducted under :** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer in collaboration with Go shonya..
- ❖ **Usefulness:** Volunteers learnt about Live recycling of plastic directly converting plastic waste into usable new materials, reducing pollution and conserving resources.
- ❖ **Expected to increase:** The activity aimed to introduce an awareness among our volunteers to understand how to convert plastic waste into usable products immediately (or with minimal delay).

### BRIEF INTRODUCTION:

National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce, under the guidance and support of N.S.S Programme Officer and the volunteers of N.S.S. at **Univerity (Kalina Campus)**, organized by National Service Scheme (N.S.S.) Unit of **Thakur Ramnarayan College of Arts & Commerce** under the guidance and support of Programme Officer and the volunteers of N.S.S. Team who shall collect the waste from the societies as well as explain About Waste Recycling.

Volunteers were informed to come in N.S.S T-Shirt.



## OBJECTIVES OF ACTIVITY

The main objectives behind the program held was

- To collect the waste from nearby areas and recycle it.
- To create awareness about cleanliness in the society.
- To bring the realisation among our Volunteers to work for society's betterment.

## DETAILS OF PARTICIPANTS

<b>Number of Faculty Members/ Staff</b>	<b>2</b>
<b>Number of NSS Volunteers</b>	<b>20</b>

## Conduct of the Activity:

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	1. Date - 04th March, 2024. 2. Duration of the Meeting - 30 minutes. 3. The following points were discussed <ul style="list-style-type: none"> <li>• Roles and responsibilities for particular volunteers were allotted.</li> <li>• Sanitization of themselves on a regular basis.</li> <li>• Maintaining Discipline during the event.</li> <li>• Wearing the N.S.S T-shirt throughout the day.</li> </ul>

**The overall arrangement was supervised by the Principal and executed by NSS PO, NSS APO, Advisor and Volunteers of N.S.S**



## SUGGESTIONS/COMMENTS.

- **Frequency** of such social activity should be increased for the upliftment of the society:

## BEST LIKED PART OF THE PROGRAM

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Significance to** spread awareness about cleanliness

## Outcome of Beach Clean up Drive Programme was:

After the activity the volunteers were able to:

- Promote a positive attitude towards a healthy environment.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

**N.S.S**



**Principal**







TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Saree to tote

07th March,2024

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

- ❖ **Reason/Objective:** The objective was to collect and distribute gently-used sarees to women laborers in need.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to donate sarees to empower women laborers.
- ❖ **Expected to increase:** The activity aimed aims to transform sarees into something practical and portable and help women Empowerment

### BRIEF INTRODUCTION:

**National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce** has organized “Saree to tote” on 7th March 2024, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team who were present voluntarily in collecting the sarees and packing them for sending it for the Women Empowerment. The Activity took Place at TRCAC Campus

All the N.S.S. Volunteers were informed to meet at the location and were requested to wear the N.S.S. T-shirts throughout the day.



### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To Reduce waste and give preloved sarees a second life.
- To Empower women laborers

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of N.S.S. Volunteers</b>	<b>12</b>

### **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	<p>Date - 5th March, 2024.</p> <p>Duration of the Meeting - 30 Minutes.</p> <p>The following points were discussed</p> <p>Roles and responsibilities for particular volunteers were allotted.</p> <p>Sanitization of themselves on a regular basis.</p> <p>Maintaining Discipline during the event.</p> <p>Wearing the N.S.S T-shirt throughout the day.</p>

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S.**



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society:

### **BEST LIKED PART OF THE PROGRAM**

- **Use of activity-based approach.**
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.
- **Reminding** the strength of togetherness.

### **Outcome of the event was:**

After activity the volunteers were able to:

- To help for Women Empowerment.
- Realize the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**

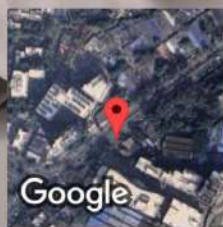
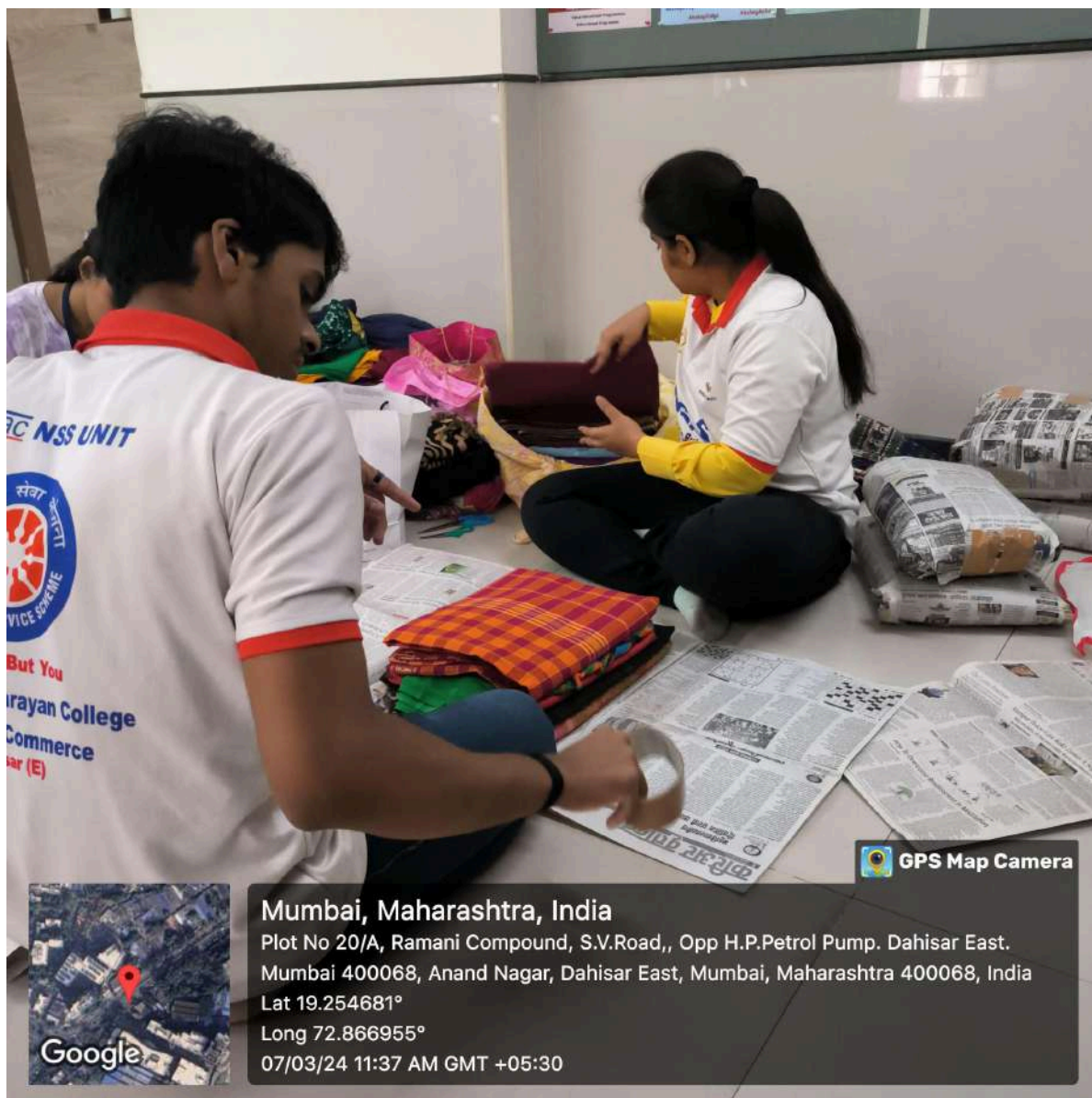


**Principal**



Thakur Educational Trust's (Regd.)  
**THAKUR RAMNARAYAN**  
**COLLEGE OF ARTS & COMMERCE**  
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Mumbai 400068, Anand Nagar, Dahisar East, Mumbai, Maharashtra 400068, India  
Lat 19.254681°

Long 72.866955°

07/03/24 11:37 AM GMT +05:30

GPS Map Camera





TRCAC/IP/06/FRM/07

Revision:A

## REPORT OF THE NATIONAL SERVICE SCHEME (N.S.S.)

On

Peoples Deep Clean Drive

09th March,2024

ORGANISED BY

**THAKUR RAMNARAYAN COLLEGE OF ARTS & COMMERCE**

By Mahima Yogeeswarar

### BACKGROUND

- ❖ **Reason/Objective:** The objective was cleanliness and disease- prevention, by picking up the wrappers and plastic bottles littered around in the area of **SK Stone Mira Road**.
- ❖ **Conducted under:** The activity was conducted by the National Service Scheme (NSS) Unit of Thakur Ramnarayan College of Arts & Commerce under the guidance of N.S.S Programme Officer.
- ❖ **Usefulness:** The motive behind this cause is to clean the environment, promote the values of cleanliness, discipline and respect for the environment in the citizens, educate and sensitize them about the importance of cleanliness for a healthy, socially responsible, economically dynamic and progressive nation.
- ❖ **Expected to increase:** The activity aimed to introduce modern solid waste management and promote a positive attitude towards cleanliness and right waste disposal practices.

### BRIEF INTRODUCTION:

**National Service Scheme (N.S.S.) Unit of Thakur Ramnarayan College of Arts & Commerce**, under the guidance and support of N.S.S. Programme Officer and the volunteers of N.S.S. Team who were present voluntarily in cleaning the areas of SK stone , Mira Road, by picking up the littered plastic wrappers, boxes, papers and empty bottles and disposing them by segregating the dry waste and wet waste, cleaning the area and spreading awareness about the importance of disposing the waste correctly in dustbin instead of littering it in the surrounding.



### **OBJECTIVES OF ACTIVITY**

The main objectives behind the program held was to

- To collect the maximum waste and dispose correctly.
- To create a safe and healthy society.

### **DETAILS OF PARTICIPANTS**

<b>Number of Faculty Members/ Staff</b>	<b>02</b>
<b>Number of N.S.S. Volunteers</b>	<b>35</b>

### **Conduct of the Activity:**

<b>Number of meetings held</b>	<b>Details of the meetings to organise the activity</b>
<b>1</b>	Date - 9th March, 2024. Duration of the Meeting - 30 Minutes. The following points were discussed Roles and responsibilities for particular volunteers were allotted. Sanitization of themselves on a regular basis. Maintaining Discipline during the event. Wearing the N.S.S T-shirt throughout the day.

**The overall arrangement was supervised by the Principal and executed by N.S.S. Programme Officer, N.S.S. Assistant Programme Officer, Advisor and Volunteers of N.S.S. & S.S.R.C.**



### **SUGGESTIONS/COMMENTS.**

- **Frequency** of such social activity should be increased for the upliftment of the society:

### **BEST LIKED PART OF THE PROGRAM**

- **Use of** activity-based approach.
- **Active involvement** from the volunteers.
- **Working for** the betterment of society.

**Significance to** spread awareness about cleanliness and manifestation of a neat and clean society.

### **Outcome of Swachh Bharat Programme was:**

After activity the volunteers were able to:

- To eradicate dirtiness.
- To promote a positive attitude towards a healthy environment.
- Realise the role of N.S.S. volunteers as a part of society for its enhancement.

**Programme Officer**



**Principal**



Thakur Educational Trust's (Regd.)  
**THAKUR RAMNARAYAN  
COLLEGE OF ARTS & COMMERCE**  
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